



IT ALL STARTS AT YES

A GUIDE FOR
PARENTS AND GUARDIANS

POWERED BY



WHAT IS NCS?

National Citizens Service (NCS) is a flagship government initiative running throughout England.



NCS is an exciting opportunity aimed at providing 16-17 year olds with the opportunity and support to take on new challenges, develop new skills and make a difference.

Participants will complete a 4 week personal development programme taking place over the summer holidays. The programme consists of 2 residential weeks and 2 social action weeks, benefitting them and the local community.



From now until Easter, NCS Coordinators will run sessions in schools focusing on working with young people to encourage team work, familiarise them with our NCS team and prepare them for the summer of a lifetime.

The programme has 5 start dates throughout the Summer holidays in order to be as flexible as possible for all participants. Please ensure you tick the most convenient dates on the parental consent form.

WHY TAKE PART IN NCS?

“FOR THE LESSONS THEY CAN’T TEACH YOU IN CLASS”

A way for young people to gain life skills including independence, leadership, teamwork, confidence and social action experience. A chance for young people to meet new people and strengthen friendships.

“FAST FORWARD YOUR FUTURE”

By completing NCS, young people will receive a National Citizen Service award, which is a brilliant addition to CVs and UCAS applications.

“MAKE YOUR MARK”

The social action part of NCS is a great opportunity for young people to demonstrate the skills they have learnt whilst having a positive impact on their local community.



WEEK 1

PERSONAL DEVELOPMENT RESIDENTIAL

This residential will provide a wide range of activities which are challenging, fun, build confidence and encourage team work. The residential will be 4 nights and 5 days, Monday to Friday.

The group will experience outdoor physical challenges such as rock climbing, canoeing, rafting and gorge scrambling.

WEEK 2

COMMUNITY INVOLVEMENT AND SKILLS DEVELOPMENT RESIDENTIAL

This residential will provide an insight into the local community by working with local businesses and organisations. The week consists of 5 days, Monday to Friday, staying overnight at university halls of residence and other similar venues in Manchester.

During this part of NCS, teams develop and strengthen through participating in projects which support their community. They also prepare for planning a social action project.



WEEK 3 & 4

SOCIAL ACTION PLANNING AND DELIVERY

The young people will meet each day for a week to plan a project to benefit the local community. As a team the young people will agree on a project that is of interest to them, for example helping at an animal shelter or doing a project in a local care home.

After finalising their plans the young people will go on to deliver their chosen project. NCS staff, business volunteers and charities will support the teams of young people throughout the planning and delivering of their project, offering invaluable advice.

LET'S CELEBRATE!

At the end of the programme, there's a graduation event where all young people who complete NCS are awarded a certificate and can celebrate their success. The young people will also be encouraged to undertake further voluntary work and will be signposted to future opportunities through the NCS Graduate programme.



HOW MUCH DOES IT COST?

ONLY
£25
for early booking
(usually £50)

To secure a place on the programme we require a £25 contribution for early booking (usually £50) that can be paid by credit/debit card online, in cash or in instalments. This will be the only cost incurred by you and will cover all phases of the programme including accommodation during the residential and all food for the duration of the programme.

This registration fee will be passed onto the national NCS organisation to support future development of NCS.

If your family circumstances make paying this difficult, please talk to the NCS coordinator – it is important to us that any young person who wishes to participate should be able to do so as bursaries and exemptions are available.

To pay your £25 online please visit – www.salfordfoundation.org.uk/ncs

SALFORD FOUNDATION

Salford Foundation is a social inclusion organisation that provides opportunities for young people and adults to develop social, academic, vocational and personal skills.

We have been successful in securing government funding to deliver National Citizen Service (NCS) programme in your local area. We have been promoting the project to young people with the support of your son/daughter's school.

The NCS team will update you regularly concerning the programme and will provide you with the coordinators contact details should you need to talk to them at any stage.

www.salfordfoundation.org.uk



FURTHER INFORMATION

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