

The Loop

People Help People



Charity No: 1002482

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Chief Executive's Message - Phil East

We're about to mark 'Volunteers Week,' which this year runs from 1st to 7th June. Volunteers Week is an annual celebration (now in its 38th year) of the contribution millions of people make across the UK through volunteering. It's an opportunity to celebrate volunteering in all its diversity. We may not have millions of people volunteering for us at Salford Foundation, but last year our volunteers provided a massive 15,622 hours of support to our people and projects. That's an amazing number and represents a huge breadth and diversity of ways that people have given their time and talents to help us.

One of our core values is 'working together' and all of our volunteers are a really invaluable part of our team. Whether people contribute their time or use their role to provide a wide range of gifts in kind – everything that our volunteers do helps us to help more people build a better future. Not a day goes by when I'm not made aware of something a volunteer has done which has really helped us. Just this week I heard about the work that Nahiba has been doing as a business volunteer, supporting one of our mentoring projects in a local high school. Nahiba said:

"I've told everyone about my positive experience mentoring high school students! I thoroughly enjoyed volunteering as a mentor and it was great to see how my involvement has impacted the students. I wish I'd had an experience like this available to me when I was in school as the students have developed some essential skills and grown in confidence over the 6 weeks."

So, whatever you do to support our work I'd like to say a huge 'thank you!' And if you want to do more or to help in a different way, do have a chat with [Jason King](#) in the first instance.

Meet the Team

Phil became the Chief Executive of Salford Foundation in 2018, having served as Deputy CEO since 2009.

During this time he has had senior management responsibility for the development and delivery of a wide range of projects, with a particular interest in helping those facing multiple disadvantage and in social mobility.

In particular, he has developed projects tackling serious youth violence; new approaches to learning and progression into work; domestic abuse; and preventative interventions with young people. He sits on a wide range of multi-agency boards in Salford and Greater Manchester.

Phil East, Chief Executive

Mobile: 07733890708 phil.east@salfordfoundation.org.uk



I've worked here for over 4 years. My role is diverse as I manage the business development & fundraising team, generating new income and working with service managers to develop project ideas into successful bids. I also lead on marketing and communications for our charity, raising our profile with our stakeholders.

Helen Garry, Business Development Manager

Mobile: 07725 699 437
helen.garry@salfordfoundation.org.uk

Hello, I'm Mairi Palmer. I'm a proud Salfordian and equally proud to be Business Manager here at Salford Foundation, looking after business support functions such as finance, IT, data protection and quality. I've been here since 2018 after finding out about the wonderful work our organisation does when my son took part in the NCS programme.

Since then, I've been lucky to be a part of some amazing transformation projects we've embarked on – from refurbishing our Foundation House offices, going digital and launching new services such as The Shed, YEF-Another Chance and Safe In Salford



Mairi Palmer, Business Manager

Mobile: 07526 697224

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I lead our Aspirations and Opportunities department which provides services to young people of different ages.

We offer workshops throughout the school year to upskill young people and raise ambitions in addition to personal and social development programmes during school holidays. Currently I balance operational management with business priorities as well as leading on all things health & safety throughout the charity.

**John Damen, Operations Manager
Aspiration & Opportunities**

Mobile: 07903 853 764

john.damen@salfordfoundation.org.uk





Hi I'm Sophie Sheehy and I've worked at Salford Foundation for 6 years. My current role is Operations Manager for Targeted Youth Services, this role oversees the STEER programme, Engage, Leadership Academy and a range of other Early Help and prevention programmes to support young people.

I believe our staff team are our biggest asset and so many people's lives have changed because of the team we have working with us this is why I have chosen to focus on redeveloping Salford Foundation's Training and Development programme over the next twelve months.

**Sophie Sheehy, Operations Manager
Targeted Youth**

Mobile: 07943 504619

sophie.sheehy@salfordfoundation.org.uk

I'm the Operational Lead for Adults as well as the nominated Safeguarding lead for the charity and manage all of our specialist women's services ranging from mental health, housing, domestic abuse, learning, employment to digital skills and wider holistic support.

I am passionate about empowering vulnerable and marginalise women to live the best life they can.

**Maggie Langhorn, Operations Manager
Women's Services**

Mobile: 07944 460 055

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Supported by



Hi I'm Liz Gonzalez. I'm the Co-ordinator for the newly formed **Pathways Home Project** which started on 1st March this year, funded by The Nationwide Building Society. The project covers everything that falls under the umbrella of 'Housing'.

The majority of my referrals are in-house from my colleagues from the TOGETHER WOMEN'S PROJECT, THE INDIGO PROJECT, POSITIVE PATHWAYS, PATHWAYS TO EMPLOYMENT & TRAINING, and externally from Salford Probation Services. To date I have had 46 referrals.

The range of support that is given is quite diverse, clients who have their own tenancy but are experiencing some problems which can range from outstanding repairs, applying for adaptations, seeking assistance with minor repairs such as fences and gates (which are the tenants own responsibilities), issues with neighbours, if they need help in bidding for another property - essentially I am an advocate for my clients in dealing with any of their housing issues.

I work with Salford Probation services assisting with their clients' rehabilitation with any housing requirements. Again, they might already have a tenancy or they may require support in moving from temporary accommodation to a more secure accommodation. Under the Domestic Abuse service I have supported two clients out of their unsafe environment into emergency and temporary accommodation respectively.

Some clients need support to move on from their current accommodation to somewhere else in order to keep themselves and their families safe. This involves working with the Salford Homelessness Team to find emergency accommodation and then onto temporary accommodation and ultimately to secure their own permanent tenancy.





I also provide practical support in helping clients make their 'house a home', which is achieved by applying for local funding to purchase essential household items.

It is rewarding to see the difference in clients when they have come out of a difficult situation, no matter what that is and they are able to get on with their lives and move forward, especially where there are children involved. This project also has a positive impact on the family as a whole, as we are ensuring that the children are in a safe and happy home.

One of my former clients emailed in her words of thanks which made me smile!

"Just want to say a massive thank you again to you all for all your help. It has been a long and difficult road and I finally feel in a much better place, working and in my new flat! Again, massive thank you and I admire all the work you ladies do "

Please get in touch if you would like to know more about our new **Pathways Home Project**

email: liz.gonzalez@salfordfoundation.org.uk

mobile: 07957 259 766



Pathways



5th June 2022

Thank You Day in the UK



At Salford Foundation we want to say a huge Thank You to Bupa

During unprecedented times over the last three years we have developed a significant relationship with Bupa Foundation, the Local Bupa Community Fund and the team at Bupa Place, Salford Quays.

At Salford Foundation we can wholly identify with the Bupa Mission statement.

**Bupa's purpose is helping people live longer, healthier, happier lives
and making a better world.**

We are very fortunate to have Kathryn Prayle, Head of Finance – BU Control Function for Bupa Global & UK join the Salford Foundation Board of Trustees. Kathryn personally chose to fundraise and support Salford Foundation in 2021 by completing three marathons! We are also grateful to Lindsey Magee from Bupa Finance who has recently joined our Domestic Abuse project the Indigo Steering Committee.

Salford Foundation have been successful in a number of Bupa grants to support our projects including:

- Our Pathways project supporting vulnerable women aged 18+ in Salford who are experiencing unemployment, poverty, social isolation, homelessness, digital exclusion and poor mental health.
- The Shed, promoting mental health and wellbeing in our men's Adult services project.
- We have also received support for peer mentors for our domestic abuse service to offer support to women on the programme and promote the project within the wider community.

Bupa employees have been supporting our service delivery through workshop sessions, including an on site visit to Bupa Place for our beneficiaries to develop their marketing skills.

Our HR colleagues in Bupa are sharing their expertise to provide Salford Foundation with pro bono support to develop a Core Competency Framework to support staff retention, training and development. This framework will prove invaluable as part of our organisation development as a leading charity in the region.

This week, ten refurbished laptops arrived as an in-kind gift from Bupa. We are very grateful to Bupa who always think of us when any opportunity comes up. Whether it's the opportunity to apply for funding for our projects, people's time and expertise, or gifts in kind. The Bupa team really understand our work and the impact their support has on their local community.

Funding Announcement

Gold Stars All Around

We are pleased to announce our continued charity partnership with the Bank of New York Mellon as we move into our sixth year, with a focus on our Build Back Better programme as part of our wider Aspirations and Opportunities team.

The funding from BNY Mellon will support students aged 16-19 to learn about the World of Work through our 'Meet the Business' activity. A chance to hear first hand about job roles and providing access to labour market information.

To complement Meet the Business, 'Interview Ready' gives students the chance to learn skills for employment through attending key workshops including - interview skills, personal branding and CV creation. Rounded off with a one-to-one mock interview with a business volunteer from within our network.

As well as these fantastic activities, our new venture EntrepreNOW! within the Build Back Better project will be funded, focussing on teaching students about entrepreneurship, as well as our suite of workshops which focus on particular topics introduced from the world of work into education.

Finally, BNY Mellon are continuing to fund our financial literacy workshops – Money Matters. A four unit project which teaches 16-19's about personal finance including topics such as budgeting, independent living, personal banking, finance at work and more.

We are very pleased and incredibly excited to work with over 700 students over the course of 2022 with the continued support we have received from BNY Mellon.

Raising Aspirations

Corporate Volunteering

Many companies now offer volunteering days to their employees.

As a Business Education Partnership, our Raising Aspirations Team take the hassle out of planning your volunteering days and offer a comprehensive programme of activities that support and compliment businesses CSR (Corporate Social Responsibility) programmes.



Sign up to our volunteering offer and support children & young people across Greater Manchester through sessions including;

- Mentoring
- Money Matters Junior
- Meet the Business
- Interview Ready

To find out more, please contact our Raising Aspirations team:

Jason - jason.king@salfordfoundation.org.uk
Mobile: 07816 671263

Fiona – fiona.cruice@salfordfoundation.org.uk
Mobile: 07711 786149

Emily – emily.roberts@salfordfoundation.org.uk
Mobile: 07702 517393

If you would like to volunteer, please book via email, confirming the date and location of the opportunity to raisingaspirations@salfordfoundation.org.uk alternatively you can book via our online **Booking Form**

Listed in the table below are all the upcoming confirmed BEP activities.



Business Education Partnership Volunteering Opportunities May 2022 – August 2022



Date	*Time	Activity	School Name	Location
4 th May 2022	8:30am-1:30pm	World of Work	Co-op Academy Failsworth	Oldham
WB 6 th June	TBC	Raising Aspirations Mentoring	Copley Academy	Tameside
14 th June 2022	8:30am-3:00pm	Mock Interviews	Buile Hill Academy	Salford
23 rd June 2022	8:30am-3:00pm	Mock Interviews	Lowry Academy	Salford
29 th June 2022	8:30am-11:30am	World of Work	Lowry Academy	Salford
30 th June 2022	8:30am-1:30pm	World of Work	Fred Longworth High School	Wigan
5 th July 2022	8:30am-1:30pm	World of Work	Buile Hill Academy	Salford
7 th July 2022	8:30am-3:00pm	Mock Interviews	Albion Academy	Salford
11 th July 2022	8:30am-3:00pm	Mock Interviews	Hazel Grove High School	Stockport
13 th July 2022	8:30am-1:30pm	World of Work	Lostock High School	Trafford
18 th July 2022	9:00am-3:30pm	Mock Interviews	Oasis Academy	Salford
26 th July 2022	9:30am-12:30pm	Survival Island	All Hallows RC High School	Salford
31 st August 2022	9:15am-3:00pm	Survival Island	St Patrick's RC High School	Salford

*All other event listed in the table are confirmed and volunteers are being booked in, but further information will follow once school has re-opened. If you feel like you want to volunteer at any event, please contact us. ***Times are subject to change.***

Why the future is ours to shape

Sarah Johnson, Volunteer Mentor, Take Five Project

I can't remember the first session I ever did with Salford Foundation; I think it was interviewing in Wigan in 2019 but I remember the boy who blew me away with his resilience, strength & determination in returning to school after battling Leukaemia. Initially I thought

“what could I offer to these kids”

it was hard at the time to think about the value I could bring but now I get it - I AM RELATABLE - I've been where they have been albeit quite a few years ago.

Mentoring has had a profound impact on me as an individual. It's the most rewarding thing I have done in a long time. Mentoring is a little bit of a bug, you do one as a one off and then you want to do more, the kids get so much out of it often without realising.

You become invested in the development of the mentees during the 6 weeks you are with them and see the change as they refine their communication and team building skills.

My favourite mentoring group was at a school in Salford which blew me away, the staff are brilliant there, the setting is nurturing, and the pupils are special, they are bright, articulate and a lot of fun to be around.

The centre specialises in the education of pupils who, for any number of reasons, don't attend mainstream school.

Mentoring there had the most impact and was absolutely the catalyst for me wanting to mentor as many pupils as I can, I'm also refining my own communication skills as there is no tougher crowd than six 15-year-olds who feel like there aren't many people who believe in them and initially aren't that keen on doing the sessions.

I would say this, if you were considering volunteering with Salford Foundation – **you can be the difference to someone's future self.**

To find out more contact:
raisingaspirations@salfordfoundation.org.uk

**Find out more
about our projects**

www.salfordfoundation.org.uk



Follow our social media platforms



@SalfordFDN



<https://www.facebook.com/salfordfoundation>



https://www.instagram.com/salford_foundation/



<https://www.linkedin.com/company/salford-foundation>

Check out our A - Z of fun-raising ideas

A

Auction
Aerobics challenge
Arts and crafts fair
Afternoon tea
Adventure day
Apprentice

B

Bake Sale
Bingo
Bring & Buy Sale
Bowling/Bowls
Board Games

C

Car Wash
Car Boot Sale
Coffee Morning
Crafts , Cycling
Cinema - Pop up
Cocktail Night

D

Dance-a-thon
Darts Night
Dog Walk
Dinner Party

E

Ebay Sale
Etsy Sale
Egg Hunt
Exercise-a-thon

F

Fishing Day
Fireworks
Football Game
Firework Display

G

Golf Day
Give an Hour
Guess how many
Games Night

H

Hiking
Head Shaving
Harry Potter Night
Home Brewing

I

Ice Cream tasting
Improv Night
International
Food Day

J

Jam Making
Jazz Night
Joke-a-thon
Jigsaw race

K

Kareoke
Kayaking
Knitting
Keepy-ueeps

L

Learn a New Skill
Lego Competition
Loose Change
Collection
Line Dancing

M

Make Up Comp
Mountain climb
Mobile Free Day
Murder Mystery
Music Concert

N

Nail Art
Name the 'Blank'
Needle Work Sale
Night time Walk
Netball match

O

Obstacle Course
Odd Jobs
Open Garden
Onesie Day

P

Pet Show
Parachute jump
Pledge
Paintballing

Q

Quiz Night
Queens & Kings
party

R

Raffle
Race Night
Rowing
Running

S

Swimming Comp
Sponsor 'Anything'
Sky Dive
Swear Jar

T

Tug of War
Treasure Hunt
Tuck Shop
Tombola

U

Unusual Clothes
Day
Upcycling
University Challenge

V

Variety Show
Volleyball
Tournament

W

World Record
Attempt
Wine Tasting

X

XBox Comp
X-Factor Night
Xmas singalong

Y-Z

Yogathon
Zumba-thon
Zip Wire
Zodiac Evening

You can fundraise for Salford Foundation
using our JustGiving page
<https://justgiving.com/salfordfoundationltd>

JustGiving™

FUN-RAISE



Simple Easy wins to support



We are registered with Donr a leading text giving platform. If your business would like to donate via a texting campaign get in touch with [Helen Fenton](#)

Generate a 0.5% donation to Salford Foundation when you do your online shopping at Amazonsmile
<https://smile.amazon.co.uk/ch/1002482-0>



We have a unique QR code set to take you to our JustGiving page. Scan and donate or set yourself the challenge of a QR code treasure hunt!

If you would like to hear more about Salford Foundation and join our mailing list please [Click Here](#)

To unsubscribe from The Loop please email helen.fenton@salfordfoundation.org.uk

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