

Targeted Youth Service

IN THIS ISSUE

Chief Executive's Message

Page 1 - 2

Impact Report 2022/23

Page 3

Targeted Youth Support Service Infographic

Page 4

BLOCKS Salford

Page 5 - 6

Targeted Youth Support Projects

Page 7 - 8

Steer

Page 9

Call to Action LinkedIn

Page 10

Raising Aspirations

Volunteer Opportunities

Page 11

Fundraising

Simple Easy Wins

Page 12

CHIEF EXECUTIVE'S MESSAGE

Recently, I read the "State of the Nation 2022: Children and Young People's Wellbeing" report, published by the Department for Education.



Unfortunately, it's not the most positive or optimistic report I've read recently. Since the pandemic, anxiousness has increased across primary and secondary school young people. Mental health conditions and eating disorders are higher than pre-pandemic levels.

Amongst the 17-19 age group, problems with mental health have increased in prevalence from 1 in 6 to 1 in 4. Low levels of happiness about relationships with family and friends are still elevated from pre-pandemic levels.

Young people are concerned about family finances and their ability to afford technology that will support their education. 1 in 7 report being the victim of online bullying. Generally, girls and young women are doing worse than boys and young men.

This paints a depressing but realistic picture of the state of our 'nation' of young people. It clearly gives us cause for concern for their individual and our collective futures.

For me, a seed of hope within this picture is the work that we are doing through our Targeted Youth Support team to help some of these young people

Our Service Areas

**Targeted
Adult
Services**

**Women's
&
Survivors
Services**

**Targeted
Youth
Services**

**Aspirations
&
Opportunities**

CHIEF EXECUTIVE'S MESSAGE CONT...

We can't change the world; but we can help individuals to build better futures – and to do this at some reasonable scale in Salford and Greater Manchester.

We're helping young people involved with serious violence and being drawn into gangs. We're supporting children with significant mental health challenges who can't get access to services due to long waiting lists. We're mentoring primary age pupils who are at risk of a range of negative outcomes due to the issues they are being exposed to in their communities and families.

We're helping children and young people affected by trauma and what are called 'Adverse Childhood Experiences' (ACEs). This edition of 'The Loop' focuses on our work supporting some of our most vulnerable, challenged and challenging young people. It's work that is often very difficult. There are great outcomes and achievements, but also setbacks and disappointments.

It requires people with great skills, huge hearts and relentless focus and drive to do it well. I hope you enjoy understanding more about it and the window it provides into the lived experience of young people in our communities.

I'm very grateful for everything that our supporters do to help us keep projects and services like this going. If you would like to help, please do get in touch with [Helen Fenton](#).

Phil East

Chief Executive
Salford Foundation

We worked with

12,789

people across **29** projects

"We just can't believe we have received all this help and for free. My wife is over the moon with her new income from Carers Allowance, it makes her feel more independent. The improvements are already helping us to manage our energy usage better."



"I feel empowered by sharing my experiences. I have embraced who I am, and I am a stronger person."



7,958

people with improved
education, employment and
training outcomes



9,832

people improved
their interpersonal
skills and abilities



421

people
developed their
digital skills

636

people supported
to achieve better
housing



708

people supported
to reduce their
offending



9,024

people supported to
improve their personal
health
and wellbeing



2,356

people supported
in our Women's
and Survivors'
Services



572

people
improved
finances &
debt



144

social action
projects completed

415 Volunteers provided

20,311

hours of support to our
people and projects



849

partners worked with across
the region



Targeted Youth Support Services Projects

1

**Ordsall,
Langworthy &
Charles Town
Partnership**

2

**YEF - Youth
Endowment
Fund**

**STEER Salford
STEER Wigan
STEER Trafford
STEER Tameside**

3

**Engage
Trafford**

4

Steer Bolton

5

**BLOCKS
Manchester**

6

BLOCKS Salford



By Jordan Cooper
Blocks Project Manager
Targeted Youth Service

Blocks is a 1-to-1 mentoring program which gives children aged 8-11 school Yrs. 4-6, all the tools they need to move to high school effectively.

These children will have had at least three ACE's, (Adverse Childhood Experiences) and are at current or future risk of participating in youth violence and criminality. Blocks gives support for up to 4 months.

Blocks works with up to 13 young people at a time, coming from a broad, established base of referrers ranging from social workers, Early help practitioners, Outreach workers and safeguarding staff in schools etc.

Blocks is a young person centred, trauma informed, strengths-based approach, in order to give the young people of Little Hulton and Walkden with a place-based approach, with these areas being the most deprived wards in Salford, the best support possible.

Jordan has given me confidence to talk about how I feel and make sure that I am not getting up to no good at home or at school"



Zander's story

Zander (11 years old) was referred into Blocks following schools' concerns about his ability to manage his anger and a low attendance level. Zander lives at home with his mum and four sisters. In 2019, Zander's dad sadly passed away in the family home. Zander was present when this traumatic incident happened and witnessed emergency services trying to revive him in the living room. Since then, Zander has struggled with his emotions, to the point where he attempted to use a gardening spade as a weapon against a member of staff at school.

Concerns were also around Zander running away from school and staff/mum not being aware of his whereabouts, resulting in missing from home status being initiated by the bridge (the Salford safeguarding group which includes Police, Children's services and health professionals who decide on what steps to take to keep a child safe). These events caused concern around who Zander was mixing with when not present at the family home, with the risk of him getting involved with local gangs and criminal activity.

Zander has since had the full set of sessions on the Blocks program. At the start of the program, Zander struggled in the sessions to be comfortable talking about himself and opening up about his experiences and emotions. With some consistency of the sessions and trust being built up in the mentoring relationship, Zander became more and more comfortable sharing his experience and applying the strategies we set out to learn about in our sessions. strategies include:

- **Confidence**
- **Self-esteem**
- **Managing difficult emotions**
- **Healthy relationships**
- **Coping strategies**
- **Planning for their future at high school**

Zander's story Cont....

Being able to offer Zander a safe and trusting space has resulted in him being able to feel comfortable talking about his dad. Losing his dad was a hugely traumatic event in Zander's life. Previously he had not been able to verbalise his feelings around losing his dad, hence not being able to connect his behaviour and emotions together.

Over the duration of the program Zander has been able to understand the connection between his emotions and actions, and this has resulted in his behaviour at school settling and being able to communicate with staff more on what is going on for him in moments where he was getting agitated at school. This has resulted in more security in his school place, which has kept that consistent base for him and helped him to stay in at home more. Putting him at less risk of being picked up by gangs in the local area and less likely to get involved in negative behaviours.

The transition to high school has been a challenge for Zander. His first couple of weeks proved to be difficult, resulting in Zander displaying aggressive and challenging behaviour at school, resulting in staff at school being doubtful of whether he would be staying in the school for long.

In our sessions at high school, we have been able to reflect on this behaviour. Zander was able to tell us that he was upset as his dad couldn't see him go to High school. We were able to take some time to acknowledge this and give him space to simply talk about his feelings around it.



Needs your help to continue

Blocks Salford has been funded by Salford Foundation directly and we are looking for support from partners to fund and invest in Blocks Salford this year and in 2023/24.

It costs approximately £38,000 to maintain this project for one year, which includes the mentor co-ordinator role and costs required to run the project.

If you can help by donating to continue this project, please contact fundraising@salfordfoundation.org.uk

Thank you



Engage Trafford

Engage Trafford provides intensive mentoring and group activity sessions for young people aged 8-18. All young people will be seen for 8-16 weeks with the average length of support lasting around 12 weeks.

We support children and young people to reduce their risk factors, raise their aspirations and prepare for adulthood. Once a child or young person has been referred to the project they will be allocated a professional mentor, who will be responsible for developing an appropriate support package to meet their needs and monitor their progress towards the achievement of agreed outcomes. (e.g. improved family and peer relationships, reduced risky behaviour, better anger management, increased aspirations).

In response to Covid-19, the Engage Trafford programme is now solely offering 1-1 mentoring support with the group element of the programme temporarily postponed. The 1-1 sessions are being delivered using a mixed model of predominantly virtual support, supplemented by socially-distanced sessions

Funded by



Blocks Manchester

Blocks is a 1-to-1 mentoring programme to give 8-11 year olds in Manchester Borough all the tools they need to move to high school effectively.

The programme aims to build up a positive and trusted space with a dedicated mentor that will give them regular time to learn and develop new skills that will help them in their everyday life.

Our mentors are based in local school communities which gives the opportunity for children to see their mentor regularly in a session environment and in their daily school routine.

Funded by



Ordsall, Langworthy & Charles Town Partnership

Salford Foundation are the lead partner for the GMCA Violence Reduction Unit and 10GM programme to combat youth violence in targeted communities across Greater Manchester.

Alongside eight other organisations Salford Foundation provide a bespoke delivery of the STEER model for Ordsall, Langworthy and Charlestown whilst supporting smaller organisations to create opportunities within this community.

Funded by



Other partners involved are:



STEER

STEER provides one-to-one mentoring for young people aged 10-17 at risk of serious youth violence and child criminal exploitation across Salford, Bolton, Wigan, Tameside, and Trafford.

We deliver specifically designed interventions and positive activities, we aim to “steer” young people down a legitimate path helping to improve resilience, motivation and reduce risk-taking behaviours.

Mentors support each young person to create their own plan and set goals. STEER also helps young people to improve pro-social skills and develop coping mechanisms. See page 9 in this issue for our Steer case study.

Funded by



"I wanted to thank you for everything you've done and also just being there for J, you have made such a massive difference to him and our lives ...You've done great with him, and he's really took to you, and I honestly can't thank you enough'- J's Mum after completing STEER."

I first started working with J in September 2022. He gave of a great first impression, coming across very respectful and willing to engage. J had a clean and warm home, living with mum and living next door to Nan, adding to the support network of people to help in difficult situations. After our initial chat, my desired outcomes already became clear; Help J socialise more, help with education, bring someone else on board to help reduce his cannabis use and most importantly, do work around gangs and organised crime.

In the 6 months of working with J, he has only missed one session and has engaged really well with me in this time. We have done a lot of work around CCE, county lines, Joint enterprise, Drug use and relationship building. He has understood the work really well and demonstrated the affects of the work practically.

J has come a long way with his achievements. Firstly, he is not known to be in any gang anymore and realised the importance of more positive peer groups going forward. Six months ago, J had been out of the house once in over 3 months; Fast forward 6 months and J is now going out through the day in his local community every other day and becoming involved in more positive activities such as Fishing and BMX riding.

Further on from this, J has just been accepted onto a programme that allows him to train as a lifeguard with a high chance of a permanent job at the end of the training, giving him purpose and the confidence to socialise. Although not attending school, J has now also agreed that he will sit his exams in the summer and has also attended college open days, looking at multi trade courses. This has been a huge step, as 6 months ago, J would not leave the house and did not engage with school at all.

J has also taken a big step forward in trying to reduce his cannabis use by agreeing to work with Early Break. J is engaging really well with Early Break and other professional such as Early Help and 42nd Street. Going forward, I am very optimistic that J will stay on track and engage with every professional that he is currently working with.

Overall, I am extremely proud of the progress J has made in 6 months. I believe with the current support networks in place, J will go on to do great things and given a bit more time, will be able to do all these things independently.



Hi Supporters

We would like to grow our 1K LinkedIn followers.

If you're not already following simply click and follow [salford-foundation](#)

Best wishes

Helen

Helen Fenton
Corporate Fundraiser



Huge thanks
Pippa Whittle you smashed
your fundraising target for
the Great Manchester Run
Half Marathon 2023

£851

raised of £350 target
by 55 supporters

243%



Aspirations & Opportunities

Raising Aspirations, Volunteering Opportunities

June - July 2023

Our Raising Aspirations workshops are delivered in schools and colleges across Greater Manchester to enable young people from primary school up to college (age 9-19) to think more about their aims and goals for the future and to learn new skills. In these sessions we bring business and education together through volunteering.

The majority of our workshops are facilitated by volunteers from the world of work, education sectors or training providers.

The workshops that we are currently recruiting volunteers for are:

- World of Work
- Mock Interviews
- Personal Finance
- Survival Island - Transition Day
- Raising Aspirations Mentoring
- Junior Money Matters
- Meet the Business
- Interview Ready

To book on to any of the activities [please contact the team](#) or register your interest <https://forms.office.com/r/GgmiJ4byLc>

Contact the team

To speak to a team member please contact:

Ruby Mimmack, Raising Aspiration Co-ordinator
ruby.mimmack@salfordfoundation.org.uk
Mobile: 07415 473975

Jason King, Senior Team Leader
jason.king@salfordfoundation.org.uk
Mobile: 07816 671263

Harry Stacks, Raising Aspirations Co-ordinator
harry.stacks@salfordfoundation.org.uk
Mobile: 07714 749562

Fiona Cruice, Raising Aspirations Co-ordinator
fiona.cruice@salfordfoundation.org.uk
Mobile: 07711 786149

Simple Easy wins. We are registered with and ready for your support through these platforms:

JustGiving™

Fundraise for Salford Foundation using our JustGiving page or simply scan our QR code
<https://justgiving.com/salfordfoundationltd>



 **ACTIONFUNDER**

Making it quicker & easier for businesses to find and fund local non-profits through grant giving.

We are registered with Donr a leading text giving platform. If your business would like to create a text fundraising campaign get in touch with Helen Fenton

donr 

 **neighbourly**

Neighbourly is a giving platform that helps businesses make a positive impact in their communities by donating volunteer time, money and surplus products, all in one place.

Corporate organisations can choose to donate time and money via the benevity platform whilst monitoring their ROI.

 **benevity**

For further information if you would like to fundraise please contact
helen.fenton@salfordfoundation.org.uk