



Domestic Abuse Factsheet

For Male Victims & Survivors

What is domestic abuse?

Domestic abuse affects 1 in 6 men during their lifetime. You are not alone. We understand that because you are male, you may be worried that no one will believe you or take your fears seriously. We believe you and that every person has the right to live their life free from abuse. Our service is fully inclusive to all members of the community.

Domestic abuse can take place in an intimate relationship or between family members. It is a pattern of bullying and controlling behaviour which can include one or more of the following:

- Coercive control
- Economic or financial abuse
- Physical or sexual abuse
- Psychological or emotional abuse
- Harassment and stalking
- Online or digital abuse

Violence and abuse is a choice the perpetrator makes, they are 100% responsible for their actions.

What we offer

At Safe in Salford, we offer emotional and practical advice and support for men who are experiencing domestic abuse including:

- a free telephone helpline
- face to face advice
- community outreach
- housing information & advice
- one to one personal support
- Signposting to other services

Get Help Now

If you think that you are experiencing domestic abuse, please contact Safe in Salford to talk to a Domestic Abuse Advisor. Please call the helpline **0161 793 3232**, Mon-Fri 9am-5pm. Or you can email us at: **info@safeinsalford.org.uk** or click [here](#) now to visit our website .



“I am grateful for the support from Safe in Salford, I am now able to look to the future with my children.”

Ian, male survivor

Confidentiality and Safeguarding

Confidentiality is really important to us. and the content of your support sessions will be confidential with some exceptions such as:

- a child or young person is at risk of harm
- you disclose that you intend to harm yourself or another person
- there is criminal activity involved

If this is the case then we may need to shared this information with other professionals and agencies as part of our safeguarding procedures.

We will always aim to gain your consent to share this information. If we cannot gain consent from you then we may decide to break confidentiality. This is not an easy decision to make. Building trust is a very important part of our service. We will always explain our confidentiality with you to help achieve this.



#MenYouAreNotAlone
www.salfordfoundation.org.uk/safeinsalford/

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