



The Wellbeing Service
Helping people on probation

Salford Wellbeing Hub

6 Acton Square, Salford, M5 4NY

Supporting you to rebuild your life, improve your wellbeing, and increase your confidence, independence and resilience.



We can help with...

- ✓ Emotional regulation & decision making
- ✓ Benefits, finance, debt & housing advice
- ✓ Health & Wellbeing
- ✓ Family support & mediation
- ✓ Employment & training

We offer...

- Art & wood workshops
- Music lessons
- Cooking sessions
- Darts & Dominoes league
- Bike workshop
- Business startup support
- Gardening sessions
- Outdoors / Museum visits

Speak to your Probation Officer for a quick referral to The Wellbeing Service.

