



# The Wellbeing Service

Helping people on probation

## What's on at the Hub

6 Acton Square, Salford, M5 4NY

February  
2024

### MONDAYS

Local History Session	10:00AM - 2:00PM
Bike Maintenance Activities/Guitar lessons	1:00PM - 3:00PM

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### TUESDAYS

Breakfast Club	9:00AM - 10:30AM
Achieve GM Job Club	12:00PM - 3:00PM
POPs (family Mediation)	10:00AM - 4:00PM
Dart and Dominoes Competitions	1:00PM - 3:00PM

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### WEDNESDAYS

1:1 Probation Colocation / appointments	9:00AM - 3:00PM
Woodworking / Gardening activities	10:00AM - 3:00PM
Monthly trips out for The Shedders	10:00AM - 3:00PM

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### THURSDAYS

Art Club	1:00PM - 3:00PM
1:1 Probation Colocation / appointments	9:00AM - 3:00PM
Ingeus Housing Clinic	9:00AM - 12:00PM

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### FRIDAYS

1:1 Probation Colocation / appointments	9:00AM - 3:00PM
Health Clinic (enquire for details)	

To take part in any of the activities above, please speak to your Probation Officer.